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K a a a a a Ma e a dec

We value manaakitanga at UC.
Ensuring your taiohi, young people,
feel welcome and looked after is
important to us.

There are now more choices than ever when
it comes to tertiary education, so whānau
play an important role in supporting taiohi to
choose what to study and which university
to go to.

To support you through this process, our UC
whānau can provide you with information
and advice.

The key factor students need to consider is
what subject/degree programme they want
to study and which universities offer the best
education in their chosen field.

As whānau, you can help them consider other
important factors such as:

- accommodation choices
- connection to facilities and services that
will support their learning and life as a new
UC ākongā, student
- identifying safety and support services
- career planning, development and
employment assistance
- scholarships
- managing a social life and opportunities
outside of study to connect with others
- overseas study options.

It's an exciting time deciding what to study. Ākonga, students, come to university for a variety of reasons – to study a particular subject, to enhance their employability, or simply to discover what it is they want to do and settle on a future career path.

UC offers a wide variety of degrees, ranging from Arts to Engineering and Teaching and Learning.

The first degree is called a Bachelor's degree and usually takes three or four years of full-time study to complete. UC offers more than 20 different Bachelor's degrees.

Once your young adult has decided what subject/degree programme they want to take, they will need to choose what courses they want to study and what they will major in. They don't always have to decide their major in their first year – they may be able to wait until their second or even their third year to decide.

You can find more about what's available and what a typical year's programme of work looks like in our Undergraduate Prospectus or on our website.

www.canterbury.ac.nz/study/getting-started/about-our-qualifications

Leading research institution

Did you know UC is an important research university in Australasia?

- Our programmes are research-led, with UC having the largest proportion in Aotearoa New Zealand of teaching academic staff who are active in research
- We are home to 35 recognised research centres, institutes and hubs
- UC has a 150-year tradition of promoting and encouraging research excellence.

State-of-the-art facilities

In addition to new and refurbished buildings, traditional Ngāi Tahu cultural narratives have been woven into our campus buildings and spaces, which contributes to our

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As Aotearoa New Zealand's second largest city, Ōtautahi Christchurch is an exciting place to live and learn.

It offers a lively arts and entertainment scene with regular festivals, concerts, sports matches and cultural events nearly every week of the year. Some of the country's best outdoor recreation opportunities are nearby, with surf beaches 20 minutes' drive from the city centre and 10 alpine ski fields within two hours' drive.



Basecamp for adventure with mountains, lakes and beaches on your doorstep

Over 700 parks, 14 ski areas, largest mountain bike park in the southern hemisphere, mountains, beaches, rivers and lakes within Canterbury - all accessible for a day trip.



16% cheaper rent than Wellington

Experience an affordable lifestyle with Christchurch's rent being significantly cheaper than other main cities.



A vibrant and diverse community of change makers in a progressive new city

of social change movement



20% of people living in Christchurch

makers in an international city



New Zealand's newest city

Christchurch is rapidly transforming. Explore urban regeneration and cutting-edge architecture alongside heritage buildings, a bustling hospitality scene and established green space.



Build your future career

Connect with innovative businesses and work on the world's biggest and boldest tasks through regular challenges and hackathons.

Explore our future



#T huratia tautahi #explorechristchurch



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a d c a e a d e c
a e c e a e
e e

Masters in Forestry Science



W a I e ab
C e c a c
a e a e d a d c a c
e e e e e c
d

H
Economics and Finance doctoral student



T e c e
e c a d e e a
e e d a
a d a c e

C
Bachelor of Arts in
Economics and Political Science

If your young adult is considering residential hall accommodation, you can rest assured that they will be well supported in a safe study environment as they transition from home to University. If they prefer to

There are two steps to the application process:

- 1 – Online application form.

University study is an investment

Student Services Levy

The Student Services Levy is a compulsory student fee that funds services to support students. All the money collected for the student levy can only be used for the benefit of students. It can never be used for academic or administrative costs. Students help decide where the money should be spent. A survey is held periodically to gauge priorities from students, and the money is put into services provided by UC and the UCSA.

Other costs

Your young adult may have to pay other costs depending on the course they are doing. These include the costs of stationery, books, field trips and tours.

Payment

Most students finance their education through the student loans and allowances offered by the government agency StudyLink. There are also a number of UC scholarships available to help finance their studies.



Most domestic students receive a student loan to cover the cost of their course fees, course-related costs and student services levy. They may also get a loan to cover their living costs. Student loans must be paid back – this is done through the PAYE system once they start working after graduation.



Some students are eligible for a student allowance to help cover their living costs. Unlike student loans, student allowances do not have to be paid back.



Your young adult can apply for a student loan or allowance through StudyLink. It's best to find out about the options well before the university year starts – don't leave all the paperwork until the last moment.

www.studylink.govt.nz

Scholarships

Scholarships available include those for:

- Māori and Pasifika students
- accommodation
- specific discipline/subject areas (eg, business, law, engineering, forestry science, geography, music, sport etc)
- outstanding achievement
- personal circumstances eg, financial hardship.

Each year UC produces a scholarships publication, which is available through schools. Students can search our scholarships website and talk to their school and local community groups to see if there are any scholarships available through local opportunities. Most of UC's scholarships open late June and close in mid-August.

Most scholarships are based on a student's Year 12 results. This is because when students apply for a scholarship in Year 13, Year 12 is the most complete year's worth of results.

While students are studying at UC, there are additional scholarships they can apply for throughout their studies.

www.canterbury.ac.nz/study/getting-started/scholarships

UC is a community of people committed to creating a campus culture of belonging, understanding, inclusiveness and caring, ākongā tū, ākongā ora. We offer a wide range of support for ākongā, students, in all areas of their university lives.

www.canterbury.ac.nz/communities/current-students

Get on to a great start

H | C | D

Ongoing practical help for successful study

Te Pātaka, UC's student services hub, is the first place students should visit if they've got

- Eke Panuku – our UC Māori Orientation event
- Paihere – our UC Māori Tuākana-Tāina mentoring and leadership programme
- Te Whare Ākonga o Te Akatoki Māori – the

It can be an emotional time for students going onto university. They might be nervous about “have I made the right choice?”, potentially moving away from home and starting new subjects not previously studied, but they can also be excited about starting the next stage in their life.

Parents and whānau can also find it emotional, especially if your young adult is leaving home. However, university is an

Vaccinations

M As part of preparation for university, it's a good idea for young adults to get meningococcal vaccinations before arriving. This is to help prevent two serious and potentially life-threatening illnesses – meningitis and septicaemia. Young adults living closely with others in university halls or student flats are at greater risk.

There are two vaccines available and Whare Hauora | UC Health Centre strongly recommends both for optimal protection.

- Menactra or Nimenrix, protects against strains A, C, W and Y meningococcal disease (one dose) and is free for all domestic students up to 25 years who live in, or are about to enter halls of residence.
- Bexsero protects against strain B meningococcal disease (two doses required).

These are free for some young people – contact your GP for more information or Whare Hauora | UC Health Centre. More information about meningococcal disease is available on the Ministry of Health website.

<https://info.health.nz/conditions-treatments/infectious-diseases/meningococcal-disease/>



It's also a good time to make sure childhood vaccinations, such as Measles, Mumps and Rubella (MMR), are up to date. You can check this with your general practitioner (GP).

Once they start at UC

University is about your young adult continuing their journey to independence so it's important they take responsibility for being informed (r)-7 (e)-10 ()-10 (o 1 (ah)2.1 (a)09ch4-112 (e)-14.5 (d)-0.7 (9.8 (o)(16s)0.)a5(o)-5 5 (on)0o(t)-32.9s)-12

Receive a bad mark?

It happens! Here's three practical steps to help you bounce back.

STEP ONE:



Deal with the feels

- be kind to yourself
- give yourself some time out
- focus on self-comfort
- get some exercise or hang out with friends

STEP TWO:



Evaluate the situation

- do some detective work to find out what went wrong
- determine what you had control over
- talk to a classmate
- talk to course staff

STEP THREE:



of action

- think about positive next steps to help improve
- eg, ask questions in classes and tutorials
- talk with support staff for extra advice
- reframe how you think about failing

The academic year

The University's academic year is similar to the school year with two main teaching semesters (Semester 1 and Semester 2), and each of them broken into two terms. The majority of 100-level courses (which is what students typically take in their first year) are half-year courses as opposed to the full year subjects they'll be used to doing at school.

In the first week of their courses, students will find out what will be taught in that class, who the department contacts are and when assignments are due. This is a good time for them to start planning the semester and developing their time management skills – especially when looking ahead to when assignments are due.

The mid-semester break is more of a study-break and less of a holiday as students will likely have readings and assignments due once they're back from the break.

Ngā Puna Mātauraka | UC Library staff are available to support students' learning and research throughout their studies. Ākonga can search and access online resources, and talk to the expert team in three locations about their study and research needs. UC's libraries are particularly busy in the lead-up to exams.

Most 100-level courses will finish with an exam. Once those are completed, the end-of-semester break can be a time for students to reflect back on their studies and acknowledge their achievements. They can also examine where there could be improvements, consider what courses they might take next, pick up a part-time job (or increase their hours if they already have some work).

While our focus is on helping your taiohi succeed, we also use a variety of relevant messaging to help them prepare for a year of highs and lows. This aims to help them cope when things don't quite go according to plan. This way they know that our Wellbeing Hub and wider UC whānau are there to help them, so they get the right support when they need it and can move forward in a positive direction. For some students, university is the first time that they experience some kind of disruption to their plans – so it is important that they know this is not the end of the world.

www.canterbury.ac.nz/life/support-and-wellbeing/wellbeing-topics/fear-of-failing

From the website and aratohu, prospectuses, to our Future Student Advisors and Rā Tōmene | Open Day,

UC staff visit schools, work with school Career Advisors and senior school students, and attend careers expos and events around the country. They also host events on campus so you can find out what being an ākonga at UC is all about.

UC has Future Student Advisors in Ōtautahi Christchurch, Tāmaki Makaurau Auckland and Te Whanganui-a-Tara Wellington.

Ākonga, students can also make individual appointments with our Future Student Advisors to talk via phone, online or in-person.

www.canterbury.ac.nz/study/getting-started/future-students-occe

R T mēne | UC Open Day

Each year, we host Rā Tōmēne | UC Open Day, when future students and their families can come and see what UC has to offer.

www.canterbury.ac.nz/news-and-events/regular-events/open-day

Campus tours

UC runs campus tours through the middle of the year. To find out the dates for these, and to book a tour of the campus facilities, accommodation and academic departments, please visit our website.

www.canterbury.ac.nz/news-and-events/regular-events/campus-tours



Useful contacts

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info@canterbury.ac.nz
www.canterbury.ac.nz

F
(for prospective students and parents)
0800 827 748
0800 VARSITY (in NZ)
or +64 3 369 4999 (international)
futurestudents@canterbury.ac.nz
www.canterbury.ac.nz/study/getting-started/future-students-orientation

A
+64 3 369 3569
accommodation@canterbury.ac.nz

H A L
0800 88 99 00 (in NZ)
+64 4 917 3107 (international)
www.studylink.govt.nz

F
www.feesfree.govt.nz

Key dates

Korikiri	Te Rōpū Takawaenga UC Future Student staff begin visiting schools to advise students on UC qualifications, scholarships, and accommodation
Māhuru	Regional Hui Tairanga UC information evenings
Whānau	Semester 2 begins for UC students
Whānau	Many UC scholarship applications are due Hall of Residence applications open UC's Future Student Advisors begin visiting schools to assist students with course planning Rā Tōmene Open Day
Whānau	Hall of Residence applications due
Whānau	Applications open to enrol in courses Applications due for Bachelor of Music majoring in Performance Responses to accommodation offers and deposits due Responses to scholarship offers due
Whānau	Applications and portfolio due for Bachelor of Fine Arts Great time to start student loan and allowance applications with StudyLink
Whānau	Applications to enrol in courses due
Whānau	School results are released to UC Offers of place at UC are sent to students who obtained University Entrance First instalments for accommodation are due
Korikiri	Orientation for new students and Semester 1 begins

Note for parents and whānau: Exact dates for these will be sent to secondary school Career Advisors closer to the time.

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