



W a l t e r
a d a m a n

W a b a d a c a d a d

Graduates with this degree are employed in a range of jobs – see some examples below.

Note: This list is not exhaustive, and some jobs may require further study, training or experience. It is recommended to start with the section 'How can I gain a sense of career direction?'

Health promoter

- Identify health concerns and needs for a range of groups
- Develop strategies to motivate and help people manage their health
- Assist government and organisations to improve unhealthy conditions

Community development officer

- Help community to recognise aspirations and concerns
- Raise awareness of local issues
- Develop programmes to address issues

Health services coordinator / service manager

- Manage administration tasks and the day-to-day running of services
- Handle queries and liaise with stakeholders

Programme coordinator / facilitator

- Conduct research and plan programmes
- Assist in the implementation of programmes
- Evaluate programmes and developments

Graduate policy analyst / advisor

- Identify and investigate issues and opportunities e.g. in public health
- Interpret existing policies and advise leaders
- Prepare reports and recommendations for policy development

Case worker

- Provide support and guidance to individuals and whānau
- Build relationships and link people to resources, services and groups
- Write reports and coordinate budgets

Examples of other job titles and careers include:

- Diversional and recreational therapist
- Youth worker
- Programme coordinator
- Healthcare assistant
- Primary health care liaison
- Tutor
- Writer
- Customer service officer
- Researcher / research assistant
- Education and research manager
- Whānau Health Worker
- Psychologist
- Counsellor
- Social worker
- Nurse
- Personal trainer
- Chiropractor
- Lecturer.

Postgraduate roles

Environmental health officer

- Evaluate the effects of environmental hazards on a population's health
- Grant licences, write reports and ensure compliance with regulations
- Raise awareness about health matters

Child and family psychologist

- Work with the complexities of children, adolescents, families, school systems, mental health systems and welfare systems
- Provide assessment and interventions

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UC offers many postgraduate study options. With the right prerequisites graduates can specialise in Child and Family Psychology, Nursing, Health Information Management, Counselling, Palliative Care, Environment and Health, Health and Community, Health Behaviour Change, and Health Leadership and Management.

Graduate or postgraduate study options are also available to become a teacher.

Further study may facilitate career benefits such as specialist skills, entry into a specific occupation, higher starting salary, faster progression rate, and advanced research capability.

It is important to determine which, if any, further study options align with future career aspirations.

For further UC study options visit:

www.canterbury.ac.nz/study/academic-study

H c a l a a c a d c

Understanding yourself and others is important to gain a sense of direction. This grows with experience; therefore, trying new things and reflecting on an ongoing basis is important.

Career planning checklist

Discover and reflect on:

- Your values, interests, strengths, abilities, and aspirations
- Your connection to whānau, people, and places
- Lifestyle preferences and location
- The skills you want to gain, use, or enhance

Engage in a variety of experiences to learn about:

- How you want to contribute to society, the environment, and global challenges
- The tasks, responsibilities and work environments you prefer
- Your work values, priorities and interests

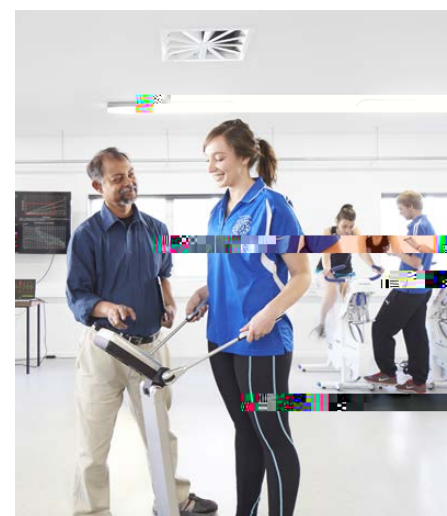
Learn more and gather career and study information

(refer to page one of this resource)

- Speak with people working in careers that interest you; check the realities of a job/career
- Gather information from various sources

Identify your next steps

- Talking to a career consultant can help you to identify your next steps. Visit: www.canterbury.ac.nz/life/jobs-and-careers





Suli

Fitness Trainer, Les Mills
Chairperson, Moana V – Māori Leaders of Public
Pride
Practice Nurse, Eastcare Health
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Studying towards a Doctor of Health Science
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