

## How can this lead to?

Mental health has long been identified as one of the most important factors in a healthy growing society. The Aotearoa New Zealand Government's Ministry of Health is

Healthcare

Apply online through myUC:  
<https://myuc.canterbury.ac.nz>

Applications

Applications close on 1 November.

Te Kura

Te Kura Mahi - Hirikapo | School of Psychology, Speech and Hearing

[www.canterbury.ac.nz/science/schools/psyc-speech-hear/](http://www.canterbury.ac.nz/science/schools/psyc-speech-hear/)

Email: [cbtprogramme@canterbury.ac.nz](mailto:cbtprogramme@canterbury.ac.nz)

Course	Prerequisites	Delivery
PSYC442 Clinical Practice Guidelines and Introduction to Cognitive Behaviour Assessment	30	S1
PSYC443 Cognitive Behaviour Therapy Case Conceptualisation and Intervention	30	S2
PSYC446 Frontiers of Cognitive Behaviour Therapy I	30	Whole Year
PSYC447 Frontiers of Cognitive Behaviour Therapy II	30	Whole Year



## What are the entry requirements?

- A bachelor's degree in psychology or a related degree with a B- grade point average.
- Currently working at least 0.5FTE in a clinical health related field with access to CBT supervision and opportunities to use CBT and to complete CBT-focused clinical assignment.