

Phonological Awareness Clinic



What is Phonological Awareness?

Phonological Awareness refers to the awareness of sounds in words and the ability to manipulate these to help with sounding out words when reading and writing. These skills are necessary foundation skills for literacy development.

A child with Phonological Awareness difficulties may have problems with:

- Sounding out words when reading
- Understanding what they read
- Poor spelling skills
- Reading and writing



How is Phonological Awareness Assessed?

Speech-language therapists assess Phonological Awareness abilities through a variety of tasks. Your child will complete reading, writing and spelling activities to determine areas of strength and challenge. Written language samples and reading levels may also be discussed with your child's classroom teacher. Following these assessments we may discuss a treatment plan for improving your child's literacy development.

How can Phonological Awareness be Improved?

Research shows that intensive intervention targeting areas of difficulty will improve overall literacy skills. The Speech and Language Clinic offers a Phonological Awareness course that is designed to help children to become more aware of sound structures within spoken and written words. Therapy typically occurs twice weekly, with individual and group sessions. Therapy start dates coincide with University Semesters (end of February, mid July).