

Contents Ng Kaio Roto







'My first year of uni I was staying in a hall and I wanted to try flatting this year so that I could experience a di erent kind of living dynamic. I wanted to be more independent, make my own meals, have my own space without ever feeling too crowded.'

Melissa Smith

Sad gaad Bace fAa, dabe Ma : E g a d Ed ca.

ae a g fa, gf, ef, e, a a e bee gaafe de ce a. eadaedecded.'..e.bac ag ffed .aa bee . .d gad g Ne Zea a d.

Tee a ... ab ... ef ... e e, a e, a de, a fa...T g de cea deagef, cea,ed, e, g adfa...g,ag...eece a de ce al gobe e f.. T e Acc . . da. Se ce .ea. e, feedad ce faa ab . . . e e a ed . e . g, . . ge . . . c . Y ca a ea e UCSA Ad cac a d We fale year called a local ce budgey g, and a local e local a be eeecg fa.Tecae.... , e g, d ec, f, e e ce, a, eed.

Mala B. d. g. T: +64 3 369 3569 E: acc . . . da @)ca .e b .ac. www.canterbury.ac.nz/life/accommodation O ce a' e g a g a g ge e a d a' e dec ded a a' e e a c ea a ca f d fa a d e f e C c a e:

www.trademe.co.nz/propert

www.realestate.co.nz

We gad ala le afal le, cacel ceclec gl. leg. A lege a da eag d ale els. Sie efeles a adag alaca cide:

Tenancy

I here a coffed ear end c? M here a ce a effed ear eaffe ear.

When here ear a a able?

How coffed by ada ce

Ped?

How file here and dood coffed ear.

Location

Heating, kitchen and bathroom

He e e fa aled? Waze ce feazg? If ee a g b e, ec. ecea ed eg a ?If . e e a ea. . . , . e ced eg a ? H c de, efa, ge.? De, ge. g af.e ? Ae, eec , a a, e . ? Ca eea d de e e . e da. ? Wale e for all ear gderefal a e? H bg, e, a, e c de? Wazze aze eze e? I.e. e. e a a.ef...eba. ?T caberefeegaagsee **ų** Plee ∠e. f, e e, c a, ce f a e c gdda? De eadeee, ? Leea da age gecca f., g?

Healthy Home Standards



Space and noise

A e. e . a . a e? W . e c fg a. f . ?
W e e a e. e bed . ca.ed e a. . e ga ea?
L e e e . g c . . acef e e e?
L e e . age acef . . d gea / b e ?
H c e a e . e e g b . ? W a e . e e g b . ?
L e fa c e . a . a ad?

Security

le e e ec e? Dale d e a de ec e ? A e e e ec e a c e e d f all e a e fa d g e da ? A e e e e e a a e fa ? Ha e e bee c ec ed ece e ?

Lawns and gardens

W af.e, ee?S. ead daage a.g, ecae, e.ea, ae e be. Y. cafd. eef f.a.

y card. eer ra, a, eTeac Se ce eb ef e e e: www.flatting101.co.nz.

Things to do when you go looking for a flat:

- Dec de a a e gfafa. W a a b dge fe
- O ga e a efe ee efe e ce
- D e ea c e a
- A sead d/esaages √10es

C gala !Y 'eg. e _a!Wala e ?

Y galeacageele , , , e

F, a a d d e e ca e ace, e de a, g,e a, c ec a, e a c ag ee e, a ab ., ., . Y ' eed e. a d d . g.A c a ge e a . . . be ag eed . g b b . . e ad dad. e.e a., c.d g. ede a. g g da.e.Y cad ad a Cage f Te a f f www.tenancy.govt.nz.

.ca .e b .ac. 9

Y a a a e a a e d a fa,b a a c'eed a d e a c e a e e a, a ge a b d bac a d ge a efe e cef e a g a efa e.

① Cea fa.D de ecea g 'a e a ageabe badd age. Re e be c de egade ada a e .Teaca a a a e e be ef ea ab cea add...If 'e e, a addab e eca . 2 Ree ea be ggad bb f., e e,.

Mae e e a a a gef e e e c g a d bb b b bee e ed a d c ea ed bef e e e e e.

D ffa a edf e, c, g, b e d e a d b e .

Le c ec f ea d b e .

EC D a ed a ed e a d e ce ec c g f fee. T e ea e . EC D a .

25 Pa e R ad, W g a . Y c d a ge d f g F eec c e: . . freecycle.org.

③ Fa , g, a, a bee da aged , e e , . If f d, a, a a e a d ffe e ce f , a d d ega d g da age , e , a, e , a, f , e a c ca be e f .

4 A a geafa ec. ead d. If a ec ce ed ab ... cea g ... e a d d. If efa, ... c ... da f a e- ec. a ee bef e ... e ... , g g ... e. f a ... g ... a c ... e ... f ... b d. T e a a gea ... ef ... ef a ... bed e ... a d d.

6 A a ge of a eecocoead g. Mae e e a o e e e go e efo o fa accorfo.

Of SgreB d Ref d Fr. Teed reports be ged bee e a regarded a regarded a cagee e reference a eacage fee a reference a feet a feet

8 Re. , e e , , e a d d e , . a age.

We e e fa e, ece e
b dbac e b ad ad d
age a e eced e e adae
a .Y b c e.e. eB dRef d
F ad b d a beef ded
3 b e da b Teac Se ce.
Teaee e g eB dL dge e,

F. . . . a g . e B d Ref d F . e e e a c ag ee e . a bee da.ed . . e a c ag ee e . a bee da.ed . . e a e f . e e . e a . . . , a d . a . . c . e.e a . da.ed B d L dge e . F . . F a d d . c ec . a . . a bee d e, . e ef d f . b d c d be de a ed. See Changes in tenants, age 9.

If a ea e b d ef d, f a e a a d d e a a age, a d e Te a c Se ce, B d (0800 737 666) a e b d a b e a d.



We'ec ed e e a d gge e e ceagea e!

O e f, e f ... g . a . eed . d bef e ... e ... a a gef e, ea d ... e e ... be c ec.ed.

Nive: divided and ave. Civic civi

Power

Ha goe e c ecoed afa o e ce : o coo acoo e e coo a f

c ceada e e e e e a e a e a e a e e a e e a e e a e e a e e a e e a e e e a e a e e a e a e e a e

C a e d ffe e e e ec. c de a.

www.powerswitch.org.nz or www.glimp.co.nz/
power. C ec e. e e e e e e e a e a g c
d c ec. c f dec de. c
de . S e c a e e e e e
e b .!

Phone and internet

Teeaea be for a e ffe gg d Leead edea.



Y . . a dec de . a . . f a . d e ' . eed a a d e a e e . e . e ce e . e . If . d dec de . ge . a a d e , c e a c . a . a . g . e . a age . ca . O . e e , a ' eed . a e a . ba d d a acce . . . e e , ee a . eb b . e e . ec d . ca .

D C le el age le falae befee g fala.Aelee l le cage a celcage a afeed?Walae fge daaa ace?

C a e ce a www.mycompare.co.nz www.glimp.co.nz.

Pay TV/Sky

If . e. e. g a d fadec de a. eed, c. e. a ag ee e ab . e. e g a e e e be g.

Furniture and household items

I.de '.ae. c..eea. eea. ee. fa.Teeae e. face cage. c.f. eae ad.ee..e

A a dfa adfed, a e e a a a ef lee e ge eed lee ge eed l

Feedadf eddededddar eddddar Ecoshop, 191 Beer Rd, Rcca aa geff ead edded.

Trademe aa ead a agef \$1 eeedea!

Op Shops Cacaagdabef eacacaeaa.

Habitat for Humanity Restore, 189 Wa a a R ad, S de a 567 Wa a e R ad, B de. S. a a a ce, f e, e, e, e d e, c g.

Freecycle: www.freecycle.org a eg a a a a e e a a a ed a a f d e e a g e a a ; a e g a f C a c a c a .

UCSA Noticeboard on Facebook. Marketplace on Facebook.

UC'S a ab O ce a
e e f f a
a e a e
a ab e. Ma f e

It's a great idea to have a few good recipes stashed away that you can whip up to impress or simply feed the hordes! Remember you can substitute ingredients for whatever you have in the cupboard. Freeze any leftovers for an easy meal for later. Here are a few recipes from the Accommodation Team! Enjoy!





Elisabeths Signature Dish

Serves 4, 40 mins prep time

C c e 400g
B R ce11/3 c
C 1 c
Ca 4
B cc 2
S ce

Rice

1. U gaS.e. aMc a eRce C e, ea.e...11/3c b ce.

2. Add 2 2/3 c a.e.

3. Mc a ef 20 .

4. Da e a gaead e ce 1c faead a.e ...

5. Add 1 1/3 c . a.e.

6. Mc a ef 10. .

Corn

1. Mc ae1c ff ec eef3.

2. M c ce. Adda ce a de fe c a a e c.

Chicken

Uea, efcce, a, efe. If ae, eddedcce f, ede a ea , f e cce, e de .

Carrots and Broccoli

g.

U g, eS, e. a Vege ab e S, ea. e, c, ca , a d , c a e f 5. 30 ec , g.
 C b cc a d. c a e , e, e, ea. e f 4. 30

Joes Famous Vege Nachos

10 ad a Gac

Serves 4 people

400 g a. f. 2 g a, ed ca 2 g a ed cc M ed e b . g D Fе 1 ca f c bea ica f. a e 1 bag f C C S cea. g ee g . , O, a a cad a d ed , e a dga c adf, ada f. C , e. . a dadd . e e, . e g a ed ca . a d . e galed cc adc fa .T ca a. ca a e! Add e ca f c bea a d. . a. e. . e. . . e g, e. ed eb f .eadee ... ce. S C C .aeaacad.a. , a ed a d . f cea.! , a ea ed

V a! E !

Baked Chocolate Cheesecake

Serves 10, 2 $\frac{1}{2}$ hours prep and baking time

Base

1c c c a.e b c . c . b 50g b ... e .. e .ed

Filling

500g c ea. c ee e, f.e ed 250g c ea. 1c cale ga 2.b a dadf (fgle fee, gle feef ca be billed) 3 egg, gle beale

B c fda c c ale, eled

Peea e 150 deg ee C
 C eb c fe a f d ce b a d.M ge e b c c b a d b e e e e e e e e e e e e e e e e e

gf cae. C e ae. ef g.

3. Pace ecea. ceee, cea., gaadf. af dee adbed.

4. Add ze ezed coa ze obed g.

5. We can gabed, addaebeae egg, ce gabe be ded.
Parefig are bocabae. If see ea af gacabe ed are ff.

6. Ba ef 1 50. . . f... C . e. . e c e a d ef ge a. ef a. ea . 6 e g . bef e e g.

Andreas Easy Bano ee Pie

Base

1 ace, fabc, (c. ed) 150 g. e.ed b.e 1 Tabe fbagcca (...a)

Filling

2. f H g a de Read . U e Ca a. e 2. a ba a a W ed c ea. a d c c a.e a . dec a.e

Method

Lealo condfa Poce donfere gree ffice, ear from baffee e e e.M. e eledbore conedboro Addocaf efeacoale bae.Pereboro er ebaead de fofado Leae folgere (egree

S ce ba a a a d e ba e ffa d . C e ba a a . ca a e a df . . . , e ace bac f dge . c . W e ead , e e f . ge . f . ba ffee e . . f . efa d a d . a a . e f e g. A fe a . a e . e a a e . e ba e f . . e f a dea e . . .

Ce ed cea a d dec a,e , c c a,e a .E!

Head go be ef abggeze ee, z'ag d deazea aca eze eza eze eza eazea eze eze eze aeazea, gb e ee fe, d aca eze za ca gezee. Zaza f. e.

Electric heaters

E ec. c ea.e c . . , fa a e ea.e ca be e f. e. . e e e e a . . ea. fa.. S a df a effce . ea.e, a dc e. e be . . e f ea.e f . e e e f ea.e f. e e e f ea.e ca be c ea b . . e d . . be e effce .; ada . ea.e c . . ea.e d ce. e a . g a . . . Ne e d a g ea.e a d ee f g a dc . a e a a .

Heat pumps

Head can be a efficient of eading formula even even.

If a e a ea ea a fa, eed be e ced eg a a a e e a e e e e e e e ce a a d e e e e e ca a a ge a e e e ced.

Ha e e ea. e e. 18-22 deg ee .

Kee daddcedeele eal, adae ee ell ffleeal e gal, ee elle.

Gas heaters

Ufed abega ea.e (LPG ea.e) ae e f. e ea.e eff cela d. e e e e a fea. g, e ea g. 1.e f. e e e . Te e ea e. cga e. a.ca b d. f. e e. a.ed a a e. e. e e e aa a d. e a de e. e. e e ea.e. bed a a e ca e e.a.e fe . E ec. c ea.e e.g. c . ea.e a e ea.e a e a e a ea fe a ea.e. a ea afe . .

L cabe , a gf , add d d c d c de , g , e a-bac ed b ac , e d c , a d ace e Sa e Ma, e a a ec , a , e ed .

Ge, c c , e C , a Ba a, C , c , c , e e e a a e c , a , e e e e a c e e a . F , e f e e: www.cea.co.nz g e e a ca 0800 GET WARM (0800 438 9276).



cec, a d ca g e ad ce ab . . . a ., ea. g a d . e e e g . . . ea. g a d . e e e e e e e e e e e e e e c. . . Se ce Cad . . a be e g b e f f d g f . a . . C ec . CEA a d . a d d: www.cea.co.nz

Le, fe a!Oec.a adeae.e
d edg.edafe.a..
Ta. addab..agec..

Ceac de a ff d.

Kee a d a a de ce a e e e e e a e ac fa a ge d.

Kee f , e g , a a f . e . e a a a . . . e a . . c c a . e a d df . f . g.

A alle ad. ef..e.e.

Le e e e la dadd b dg..

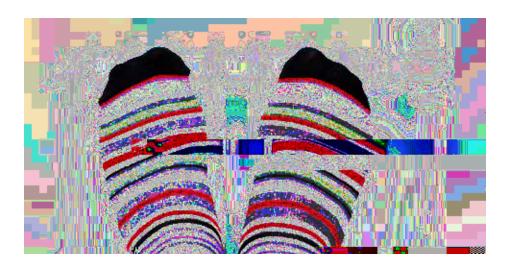
O e ad beafe le e e bad
a be.,b ada ab be e

Da R d.

Cecfdagaaddaddaddadge, egafgae; fee gaae age, acaddfee cafee. Uedaaggaa, ebb...fda, aad e. Taeaeaf, faa'bade, ag dafee aggb...ee

C ec ... Hea ... H ... e Hac f ... e ... e e ... a d ... e ea .. :

www.healthyhomehacks.wordpress.com/



Ha gab dge a e fe ea e a d e a age f d.

Wee chebech gforfield e ea? A ehre gbefa Shider Alace has beed a dalas de Lafg

C \ ac. S \ d L \ \ c \ ec \ a \ a \ e ge \ g \ a \ e \ c \ e \ d \ g \ (0800 88 99 00).

W ... e ..fa be. ee ... c .. ea d ... g ge e e f ... e ea.l ... e ca e ... ca be ... \$10,000 ... c d g ... , a a ead.

Teeas fseas fsee ee assides A acead Sides Laf geee, ceafsee ee ee e.T.aessesfa, a eeds:

W e . . . e . a e . e
F d a . . . e . d . g . e ea
A . . fa . f . e
A . f . c a . . UC Sc a :
www.canterbury.ac.nz/study/getting-started/
scholarships.

Y . . a a beegbef . eAcc . . da. Beef . de . S. de . A ace S. d L . . e . a f . a ace.

a

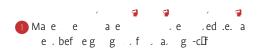
C ...?

We a'e e., ga afaf, ef...e, ...e, ...d ada, a e e e a e e ...be.Ya'a e, eb gge a f...c., a, e ...a, f. e ea a d. e g g ee c...ab ...

Sample Weekly Expenses for 1 person – based on a 4 bedroom shared house	
Rent Contact and the decoration of the decorati	\$180
Power De e d	(A /GS1 g /

T e f e, , e . . a age . . b dge.:

https://sorted.org.nz/guides/life-events/going-flatting/www.studylink.govt.nz/starting-study/thinking-about-study/cost-of-living.html



Teeae, a a . , , de, a de faface.

Se, ac. afa.acc.; ee e
a e e a dafeda. f
e e e e a acc. adacc.
ad. a. a b a d e f. a
acc. Teacc. ca be de e a
e e 'a e, ead. a. a e
e bef a gb adcec gaa.
ee e ac da.e. ea e.
Se, g a acc. a a a e
ea e ac ffa.f d; ee g
a eg a e e a g ea a a a
a e a a a e ed ca be ca g a

S.d., ge. ead ... a.a
ea abea... feeeedbe
e.g. ceb., ab.e.a. e
ceeeb, afd.ed
e.aeag.\$30\$40/ee.

If ee e befag.ee/
b,ae... eaad
cef.eba.aee.b
baebegad.

্ / ্ । কু / কু কু

If _____ae e___ae be.
a g __e,ge,e ea .D c ____
fa.ae,ae, e f.e e ce
be .

UCSA Advocacy and Welfare f efe a cab dge e ce.

The Doctor AFJ Mickle Student Loan Fund,
a f. \$5000 f ... de ... fg d
c a ac.e fac gf a ca a d ; e a
... e e ... fee e da. UC:
www.ucsa.org.nz/student-support/advocacywelfare/

Hardship grants a e a a ab e f ... de ... e e e e c g ... e ec. ed f a c a c

Foodbank: f d ... c e f ... e f eed; ... de ... a e e g b e ... a ... e ... e ... e

E a : e @ c a. g. , ... e 364 3913 ca ... UCSA Hae e-R a.

StudyLink f f a S de A A a ce; e a a e e e ff S ec a Need G a z f e e ge c z az : www.studylink.govt.nz ca 0800 88 99 00.

Christchurch Budget Service ffe f ee e a d face face e ce:

www.christchurchbudget.org.nz.

Citizens Advice Bureau f e a dad ce a a ge f. a.e c. d g ega a df a ca.
T e ea e b a c ba eda. e Fe da.
L b a , . e c e f C de a d Jeff e R ad ,
Fe da.: CAB C .c c N ., 359 8090,
c .c c . a)cab. g. .

International Student Welfare Fund f UC

.e a. a . de . . C . ac. S. de . Ca e:
369 3388 e a . de . ca e@ca . e b . ac. .
C ec . . . ef g f f . . e

C ec ... ef g f f e f . e f . a www.canterbury.ac.nz/life/financial-support/international-student-welfare-fund.

O. e... de ... e ce a a ab e... a ... e ... b dge. a e:

Eye Exam UCSA a a ... e ed ... S ec a e (R cca ...) ... de e ... ed UC ... de \$10 e e e a ... !

Flu Vaccination Subsidy If 'e a UC

Le all all dell, a UC delle color

Le dell NOT e ed all e UC Heal Celle,

Loca a fab d f

 Carca bead cara e bea a a a, a e a be e a ed, e ab b da e a dag ee e a ea . Laga e e a ea a ea e ab a efa dag e .

Choose your flatmates carefully a e e c e e e fa ba ed ce a d ca , b , f ge c e c , a , fe e a d a fa a ag g e fa /b dge a a c . .

F e d f.e a e e a e a e a e a e g dfa a e (c a f.e be e ca e) b similar attitudes and expectations make for the most stable flats. S d a d d c bef e e ge e . Ha e a e g de e a a a e e e fa e g de e a a a e e e fa e a e e ca e g f a g ge c . Refe a age 12 13 Flatting agreement.

M lagre falaeab ge, be a fge, ca e ab la e le fala dac fc la calab dac fc la calab la falae se. S la be e f la discuss expectations a d a a la grand g

Appreciate difference e a c e f . d ffe e . bac g . d a d a e d ffe e . a f d g . g ; . e f . ca . a d bac a d ee . e ' ab . a d ffe e . a . e . a a g.

Learn healthy and assertive ways of dealing with communication issues. Teaeeaggeeaacfeageeefgaaaeefbeefbeefbeefaa.

Don't stew or bottle things up. Ta dec. ... ee e a e a gabaa Caa. Dec de fea eed. be gabaa Caa. ea e a e face, ... cea e e ba.

Look for the underlying cause and be honest with yourself. If a e a g e a a fa. a.e, ee g f e e

Mae e fa a e !La d dae Pe ed deaa ,a de a a eed de bare e .T e eed bec ec ed a a a a a debare e ed be e ed bec ec ed a a a bee , ebare eed be e aced e e be e ace f e e e; c dae fe.

P e e e a db afeba e a de g e a dee e e a de re e a de

beae a add, λ a e e λ .

X

X

.ca .e b .ac. 23

Coccaco a ao adoe ea eo fecogo ao e ecoa ao ecea feeo geo edo. He ea ea feo geo ao ed

① J e f. e c b ca. :g

If e ec e e ce f de e de , g ca. , c de a gf a ef-ca/e ed a a // e // e. C // ac/ 48 52 ee f . . d-Ja . a . e e d f Dece be.

Fee code e,acce de e de e, adaf. -f. ed ... Bg . e caea e aca a.A ca, e 1Ag eac eaf a Se. e e 1 a (Feb a).

F . e f . a, ,360 . e , a d . a , ee, e Acc . . da, Se ce eb e www.canterbury.ac.nz/life/ accommodation.

Offe a a e c e- , c . . . , 108 . ,S da ca.ed . e D eda e

S da C .c c Ca. a de acc . . da, fac , , Ja a e e- ed adcaedg d.Deedg de.ad, ac -feead/ ge-ge de a a ... e ... a e a a ab e. Eac a a ... e . a f e bed a aedoce adeba... Facter code a color and a dand facter peace bodg. Mea a cabe caeda eab U e ... Ha, f**∢**Ø ed.

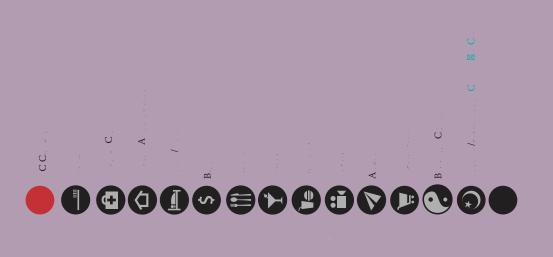
L caled ad ace ... S da, Ha a bade b. d f16, -, e, e cdg eeca acce be a d10 ef-c a ed a f c e .Eac a e afedda., aedface c.dgeegeffce, a acead , e . a . a, .





A , L ca.ed . . a . . 5. . . . e a f . . ca. . . , la. A a .. e . . ffe a age, d e e c de . fa age , a . a e e f .. d a df . a . e . e . d. A a .. e .. a gef . 2-6 d d a bed a ed.ce,ba,, gad a d fac . e . T e e a e . e e d ffe e . a a ... e ... e . c . ef . Ma .. a, Ка На.

A ... If a e le e led g g bac l le UC ...de . c a d ga g eade e e e cea d , c de a g, be a RA e de la ll e flef l-ea a.A ca, f., a e Je/ J. c.ac. d.da a fa ca. de a . C . ac. de a f a a e . e Acc . . da Se ce eb e www.canterbury.ac.nz/life/accommodation.



UC Accommodation Services Te Ratonga Nohonga

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E: accommodation@canterbury.ac.nz

University of Canterbury Te Whare W nanga o Waitaha