

T D B H S (BHS_ 360)

These regulations must be read in conjunction with the General Regulations for the University.

1. V

- (a) These Regulations came into force on 1 January 2018.
- (b) This degree was first offered in 2013.

2. V

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. T

To qualify for the Degree of Bachelor of Health Sciences a student must be credited with courses having a minimum value of 360 points.

- (a) Of these 360 points:
 - i. 120 points must be from courses listed in Schedule C to these Regulations;
 - ii. At least 120 points must be credited from courses listed in Schedule S to these Regulations;
 - iii.

9. H , D M

Honours, Distinction and Merit are not awarded for this qualification.

10. E U P Q

- A student who has completed the requirements for the Bachelor of Health Sciences may choose to continue to study and apply to the relevant Amo | Dean for admission to postgraduate study.
- A student who has not met the requirements for the Bachelor of Health Sciences, or who wishes to transfer to Diploma in Health Science, or Certificate in Health Sciences may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to withdraw from the degree and be awarded the Diploma or Certificate.

For full course information, go to courseinfo.canterbury.ac.nz

The following information outlines the core requirements.

100-

C	C	C	T	P	2025	L	F/C/R/RP/EQ
BIOL116		Human Biology		15	S2	Campus	
HLTH101		Introduction to Health Studies		15	S1	Campus	
					S1	Distance Learning	
HLTH102		Health Promotion		15	S2	Campus	
					S2	Distance Learning	
HLTH106		Te Wero - Māori Health Issues and Opportunities		15	S1	D/MCunities	



M I H

A student must complete a minimum of 120 points from the following courses.

100-
30 points from:

C	C	C	T	P	2025	L	F/C/R/RF/EQ
MAOR107	Te Ara o Tawhaki: Māori Thought, Beliefs and Practices			15	S1	Campus	R: PC5S EM25/CID 280BDC 0TsPC7t6BDC 0TsD 281 BDC 0.Q(PC7

300-

60 points from:





SPCO336	Physical Education & Sport Curricula In Action	15	S2	Campus	P: SPCO208
			S2	Distance Learning	
SPRT101	Introduction to Sport Coaching	15	S1	Campus	R: SPCO101 EQ: SPCO101
			S1	Distance Learning	
SPRT104	Anatomy and Physiology	15	S2	Campus	R: TEPE102, SPCO104 EQ: TEPE102, SPCO104
			S2	Distance Learning	
SPRT107	Sport Nutrition	15	S1	Campus	R: SPCO107 EQ: SPCO107
			S2	Campus	
			S2	Distance Learning	
SPRT126	Land Journeys and Ethics	15	S1	Campus	R: TEPE112, SPCO126 EQ: SPCO126
			S2	Campus	

P

A student must complete a minimum of 135 points in this major.

100-

C	C	C	T	P	2025	L	P/C/R/RP/EQ
PSYC105	Introductory Psychology - Brain, Behaviour and Cognition	15	SU2	Distance Learning	R: PSYC103, PSYC104		
			S1	Campus			
			S1	Distance Learning			
PSYC106	Introductory Psychology - Social, Personality and Developmental	15	SU1	Distance Learning	R: PSYC103, PSYC104		
			S2	Campus			
			S2	Distance Learning			

200-

Students must complete a minimum of 45 points of 200-level Psyc courses, including:

C	C	C	T	P	2025	L	P/C/R/RP/EQ
PSYC206	Introductory Research Methods and Statistics	15	SU2	Distance Learning	P: At least 15 points in 100-level Psychology and at least 45 points overall		
			S1	Campus			
			S1	Distance Learning			



Plus 30 points from one of the following courses:

C	C	C	T	P	2025	L	P/C/R/RP/EQ
GEOG325	Health, Wellbeing and Environment	15	S1	Campus	P: 30 points of Geography at 200-level; or 30 points from Science, Arts or Health Sciences, including GEOG205. R: GEOG322		
HLED321	Health Education in Practice - INTERNSHIP	15	A	Campus	P: Any 60 points at 200-level from any subject including HLTH203 and MAOR270 and subject to approval by Course Coordinator.		
			S2	Campus			
HLTH309	Data Science Applications for Population Health	30	NO		P: 60 points at 200-level, including HLTH213 and HLTH214		
MKTG315	Marketing for Behavioural Change	15	S2	Campus	P: Any 60 points at 200-level or above		

M

A student must complete 75 points of courses from Schedule S of the Public Health major.

S

P

M

A student must complete a minimum of 75 points, with at least 45 points at 200-level or above from the following courses:





The Degree of Bachelor of Health Sciences (BHSc – 360 points)

SOWK303	Mental Health	15	S2	Distance Learning	P: Any 240 points at 100 and 200-level from Schedule C and E of the BSW(Hons); or 240 points from Schedule C and S to the Bachelor of Health Sciences. Programme Coordinator approval mandatory. R: SOWK611
SPCO204	Biomechanics	15	S1	Campus	P: SPCO104 or SPRT104
			S1	Distance Learning	
SPCO208	Sport and Culture in Aotearoa/New Zealand	15	S2	Distance Learning	P: Any 60 points at 100-level from any subject.
			S2	Campus	
SPCO209	Exercise Physiology	15	S1	Campus	P: SPCO104 or SPRT104 R: SPCO206, TEPE203, TEPE103
			S1	Distance Learning	
SPCO221	Injury and Rehabilitation	15	S2	Campus	P: Any 60 points at 100-level from any subject, or any 15 points at 100-level from SPCO or SPRT.
			S2	Distance Learning	
SPCO305	Sociology of Sport	15	S1	Campus	P: SPCO208
			S1	Distance Learning	
SPCO308	Inclusive Practice in Teaching and Coaching	15	S2	Campus	P: Any 30 points at 200-level from SPCO.
			S2	Distance Learning	
SPCO335	Learning through Sport and Exercise Science	15	S1	Campus	P: SPCO209, SPCO204
			S1	Distance Learning	
SPCO336	Physical Education & Sport Curricula In Action	15	S2	Campus	P: SPCO208
			S2	Distance Learning	
SPRT101	Introduction to Sport Coaching	15	S1	Campus	R: SPCO101 EQ: SPCO101
			S1	Distance Learning	
SPRT104	Anatomy and Physiology	15	S2	Campus	R: TEPE102, SPCO104 EQ: TEPE102, SPCO104
			S2	Distance Learning	
SPRT107	Sport Nutrition	15	S1	Campus	R: SPCO107 EQ: SPCO107
			S2	Campus	
			S2	Distance Learning	
SPRT126	Land Journeys and Ethics	15	S1	Campus	R: TEPE112, SPCO126 EQ: SPCO126
			S2	Campus	